



District 25 Ottawa-Carleton

April Newsletter



D-25 Extension is Progressing

Lobby Day March 28, 2017



D-25 with Minister Chiarelli



D-25 with John Fraser

OSSTF Members Met with MPPs to discuss Violence in the Workplace

***Thinking about Retiring?  
These two OSSTF Owned Companies can help.***



ARM health insurance plans



Pension Income Gap Assessor

## For OSSTF Members

### ARM health insurance plans

Great choices, coverage and flexibility

Our commitment to insurance built around our members doesn't stop at retirement. OTIP's ARM health insurance plans are some of the most flexible programs available to the retired education community. **All ARM members, their families and survivors** are eligible to apply for coverage under an ARM plan, and there is no age restriction.

ARM offers three health, dental and travel insurance plans to choose from, with different prescription drug maximums and the freedom to increase or decrease your coverage at your next renewal.

#### ARM Original 4000

ARM Original 4000 provides \$4,000 in prescription drug coverage per person, including diabetic supplies, per calendar year. With superior health-care coverage, unlimited semi-private hospital accommodation and deluxe travel insurance built in, it is the choice of many education employees.

#### ARM Prestige 2500

ARM Prestige 2500 is the perfect plan for members who need less prescription drug coverage but still want all of the other comprehensive health-care services and deluxe travel insurance with the option to add dental coverage.

#### ARM Prestige 750

ARM Prestige 750 is the right plan for members who may require reduced prescription drug coverage but still want all of the other comprehensive health-care services and deluxe travel insurance with the option to add dental coverage.

Learn more about the different ARM plans tailored for you [here](#).



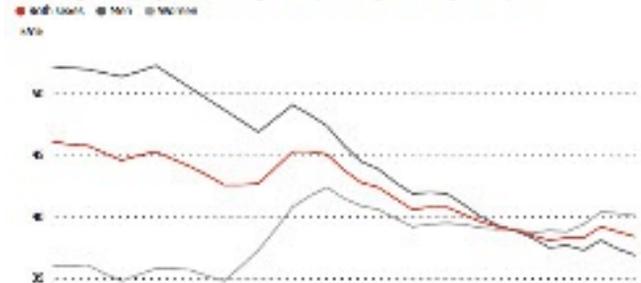
## For OSSTF Members

### Pension Income Gap Assessor

With educators retiring earlier than most Ontarians, it's a good idea to assess whether your pension will be enough to maintain your planned retirement lifestyle.

### How do changes in CPP affect you?

Percentage of employees with a registered pension plan through their jobs



### News and Updates Planning

#### Article

A change in the curriculum:  
what CPP changes could  
mean to you.



📌 Planning 📈 Investing 🏠 Lending

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