

OUTDOOR EDUCATION PA DAY

Friday, February 17th, 2017

9:00am to 3:00pm

Cost: \$0

8:45-9:00am – Registration, snacks and coffee

9:00 – 11:00am – Canoe repair workshop

11:00-11:15am – Nutrition break (food provided)

11:15-11:45am – Barriers to canoeing discussion

11:45-12:30pm – Camping equipment maintenance and repair workshop

12:30-1:30pm – Lunch (BYOL, mug and water please)

1:30-3:00pm – XC ski waxing / XC ski teaching session / XC skiing (Mooney's Bay)

Morning:

Merivale High School

1755 Merivale Rd,

Nepean, ON K2G 1E2

Afternoon:

Mooney's Bay

2960 Riverside Dr.

Ottawa, ON K1V 8W6

**** Mooney's Bay ski pass and workshops will be at no charge, however, participants are required to provide their own skis (rentals available)**

REGISTER AT THE FOLLOWING LINK:

<https://goo.gl/forms/SEaFXfxit6StvnVi1>